



**NSSSA Conference Committee  
presents...**



**OUR 2026 PROVINCIAL CONFERENCE!**

# **PRES-TRIO MESSAGE**

**HEY N-TRIPPERS!**

**PRESIDENTIAL TRIO HOPES YOU ARE ALL EXCITED TO BE JUMPING INTO THIS YEAR'S PROVINCIAL CONFERENCE, TURN IT UP! 2026! WE CAN'T WAIT TO SEE HUNDREDS OF MEMBERS, NEW AND OLD, FROM ACROSS THE PROVINCE COME TOGETHER.**

**THIS WEEKEND WILL BE PACKED WITH LEADERSHIP AND CONNECTION OPPORTUNITIES FOR ALL, WITH FUN ACTIVITIES LIKE THE INDUSTRY FAIR AND TALENT SHOW; WE KNOW EVERYONE WILL HAVE A BLAST!**

**CONFERENCE COMMITTEE HAS WORKED VERY HARD TO PULL EVERYTHING TOGETHER, AND HAS COME UP WITH TONS OF NEW AND EXCITING IDEAS. SO, DON'T FORGET TO THANK THEM FOR THEIR HARD WORK!**

**YOURS IN LEADERSHIP,  
PRESIDENTIAL TRIO**

# CC-DUO MESSAGE

AS PROVINCIAL CONFERENCE CO-CHAIRS, WE ARE BEYOND EXCITED TO WELCOME YOU TO THIS YEAR'S PROVINCIAL CONFERENCE. IT MEANS SO MUCH TO BRING EVERYONE TOGETHER AGAIN, AND WE ARE INCREDIBLY PROUD TO BE HOSTING THIS UNFORGETTABLE EXPERIENCE. TURN IT UP IS ALL ABOUT RAISING YOUR VOICE, STEPPING INTO YOUR POTENTIAL, AND AMPLIFYING THE LEADER WITHIN YOU.

WE KNOW THE PAST FEW YEARS HAVE COME WITH CHALLENGES, BUT THIS WEEKEND MARKS A NEW CHAPTER. IT IS A CHANCE FOR ALL OF US TO COME TOGETHER, BUILD CONNECTIONS, AND GROW STRONGER AS A COMMUNITY. WHETHER YOU ARE A DELEGATE, SKILLBUILDER, CABINET MEMBER, ADVISOR, OR ALUMNI, WE HOPE YOU LEAVE THIS CONFERENCE WITH A RENEWED SENSE OF BELONGING, NEW MOTIVATION, AND EXPERIENCES THAT WILL STAY WITH YOU LONG AFTER THE WEEKEND ENDS. MOST IMPORTANTLY, WE HOPE YOU LEAVE READY TO TURN IT UP IN YOUR OWN LIFE AND LEADERSHIP.

THIS CONFERENCE WOULD NOT BE POSSIBLE WITHOUT THE DEDICATION AND PASSION OF SO MANY INDIVIDUALS. WE WANT TO EXTEND A HUGE THANK YOU TO EVERYONE WHO HELPED BRING TURN IT UP TO LIFE. FROM THE INCREDIBLE PLANNING TEAM TO OUR SUPPORTIVE ALUMNI AND OUR AMAZING VENUE, THIS CONFERENCE IS TRULY A COLLECTIVE EFFORT.

LASTLY, THANK YOU TO YOU, THE STUDENTS. YOU ARE THE REASON THIS CONFERENCE EXISTS. YOUR ENERGY, YOUR IDEAS, AND YOUR LEADERSHIP ARE WHAT MAKE NSSSA SO IMPACTFUL. THIS WEEKEND COULD CHANGE YOUR PERSPECTIVE, STRENGTHEN YOUR CONFIDENCE, AND MAYBE EVEN CHANGE YOUR LIFE, JUST LIKE OUR FIRST NSSSA CONFERENCES DID FOR US.

WE ARE SO GRATEFUL TO SHARE THIS EXPERIENCE WITH YOU ALL.  
WELCOME TO TURN IT UP!

**YOURS IN LEADERSHIP,  
LEAH BRUNT & AVERY COMEAU  
PROVINCIAL CONFERENCE CO-CHAIRS**

The title 'THE 3 D'S' is centered in a large, bold, black font. It is flanked by two sets of pink musical notes, each consisting of a quarter note and an eighth note. The entire graphic is enclosed within a decorative pink border with a scalloped, wavy pattern.

# THE 3 D'S

**NO DRINKING**

**NO DRUGS**

**NO "DOING" IT**

**IF YOU WOULDN'T DO IT  
IN FRONT OF YOUR  
GRANDMA, DON'T DO IT  
AT CONFERENCE!**

# THE 8 KEY CONCEPTS

**POSITIVE INTERNAL FOCUS**

**LEVELING OUT**

**SPEAK FOR I**

**NO UNFINISHED BUSINESS**

**NO KILLER STATEMENTS**

**RIGHT TO PASS**

**SPEAKER IN CHARGE**

**BUSINESS NEVER PERSONAL**

# MEET THE COMMITTEE

## CC CO-CHAIRS

**Leah Brunt**  
She/Her

**WHAT IS YOUR  
DREAM CONCERT?**

Seeing Alex Warren, Benson Boone, Luke Combs, and John Pardi all together and the DWTS cast dancing behind them.



**Avery Comeau**  
She/Her

**WHAT IS YOUR  
DREAM CONCERT?**

Chris Stapleton, Tennessee Whiskey would have me bawling immediately!



# WELCOMING CO-CHAIRS

## Willow MacLean

“Willy”  
She/Her

### WHAT IS YOUR FAVOURITE PART OF N-TRIP?

The atmosphere with such  
high energized positivity, and  
all the amazing people I get  
to meet!



## Gabe Cook

“Big Bird”  
He/Him

### WHAT IS YOUR FAVOURITE PART OF N-TRIP?

Abby Billards magic tricks.



# INDUSTRY RELATIONS

**Leona Rector**  
She/Her

**WHAT ADVICE WOULD  
YOU GIVE TO OTHERS?**

Everything happens for a  
reason.



**Aryahna David**  
“Ary”  
She/Her

**WHAT ADVICE WOULD  
YOU GIVE TO OTHERS?**

You can't control what others  
do, only what you do!



# SKILLBUILDING CO-CHAIRS

Maddie Tate-  
Beaver  
She/Her

WHAT IS YOUR FAVOURITE  
KAROKE SONG?

Not Ready To Make Nice - The  
Chicks



Kaleigh Farmer  
"Kale"  
She/Her

WHAT IS YOUR FAVOURITE  
KAROKE SONG?

Suddenly Seymour!!!!



# CO-ADVISORS/HEAD

## FIRST AID

Advisor/ Head First Aid

**Emily Webb**

“Em”

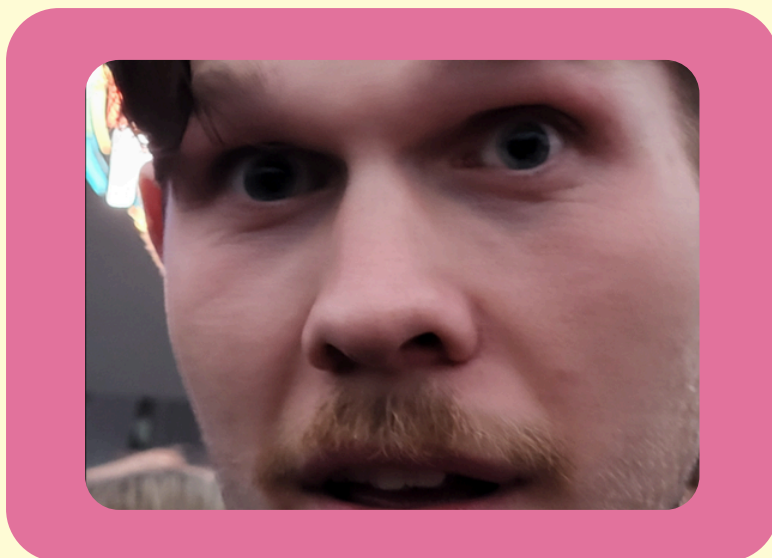
She/Her

**WHAT DECADE HAS  
THE BEST MUSIC?**

The 2000s (2000-2009) hands  
down because the songs all  
still hit today!



Advisor



**Angus Kennedy**

“Beef”

He/Him

**WHAT DECADE HAS  
THE BEST MUSIC?**

Nostalgia plays a strong hand  
in this but the 00's.

# WENDYS

**Max Hayne**  
“Mad Max”  
He/Him

WHAT SONG INSTANTLY  
PUTS YOU IN A GOOD  
MOOD?

Happy by Pharrell Williams.



**Zoë Podetz**  
“Zo”  
She/Her

WHAT SONG INSTANTLY  
PUTS YOU IN A GOOD  
MOOD?

Uptown girl - Billy Joel



# WENDYS & 3-TIONS

**Aryana Schaefer**  
She/Her

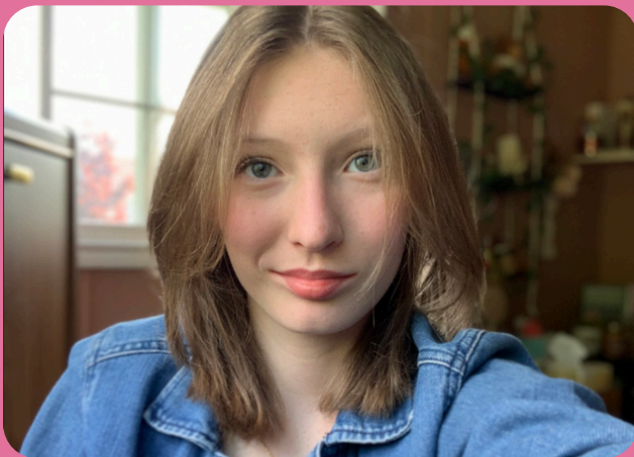
WHAT SONG INSTANTLY  
PUTS YOU IN A GOOD  
MOOD?

Viva La Vida by Coldplay — I  
can't explain it, it just makes  
everything feel brighter.

Wendy



3-Tion



**Elsie-May Pike**  
She/Her

WHAT IS YOUR FAVOURITE  
PART OF N-TRIP?

I like the late nighter.



# 3-TIONS

Kinsey Jollymore  
"Kins"  
She/Her

WHAT IS YOUR FAVOURITE  
PART OF N-TRIP?

Making new friends!



Aili Pearcey  
She/Her

WHAT IS YOUR FAVOURITE  
PART OF N-TRIP?

Meeting new people and  
forming friendships!



# PUBLIC RELATIONS

Bracey Patridge  
“Brackets”  
She/Her

WHAT IS YOUR FAVOURITE  
N-TRIP CHEER?

Reese’s Puffs or CAPERS!!!



Taylor Boudreau-  
Richards  
“Einstein”  
She/Her

WHAT IS YOUR FAVOURITE  
N-TRIP CHEER?

Bubblegum is my favourite  
cheer!

# PUBLIC RELATIONS & SECRETARY

## Public Relations

**Alex Hogan**  
“Quacks”  
She/Her

WHAT IS YOUR FAVOURITE  
N-TRIP CHEER?

I LOVE TOAST.



## Secretary



**Hannah Brunt**  
She/Her

WHAT IS YOUR  
DREAM CONCERT?

Morgan Wallen concert.



# MASTER OF KEYS & ADULT CHAPERONE COORDINATOR

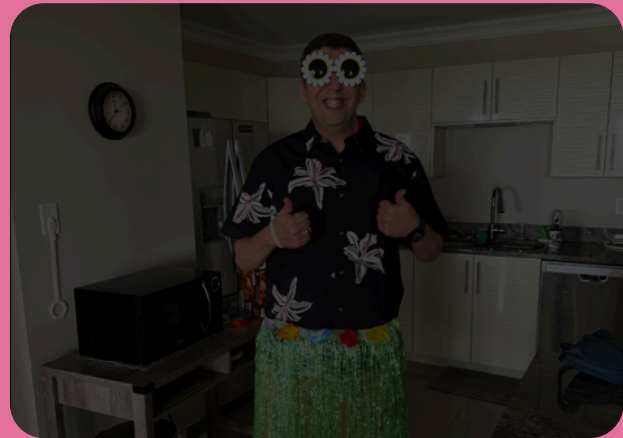
Master of Keys

**Matt Walsh**

“Money Matt/Matt-Man”  
He/Him

WHAT SONG BEST  
DESCRIBES NSSSA?

Hey Jude.



Adult Chaperone Coordinator



**Joseph Chaisson**

He/Him

WHAT IS YOUR GO  
TO OUTFIT?

A pink pinstriped bow tie  
paired with a red backwards  
hat.

# MENTAL HEALTH FIRST AID



**Meagan Cairns**  
She/Her

**WHAT IS YOUR FAVOURITE  
MUSICAL AND WHY?**

Hamilton, its catchy and  
sticks in my head!

# CO-HEAD DAY LOGISTICS

**Fiona Polson**  
She/Her

WHAT SONG  
INSTANTLY PUTS YOU  
IN A GOOD MOOD?

Love Shack by the B-52's



**Jack Bailey**  
He/Him

WHAT IS SOMETHING YOU  
ARE KNOWN FOR  
WITHIN THE NSSSA?

MOOOOOOOOOOSEHEAAAA  
AAAAAADS!

# CO-HEAD

## NIGHT LOGISTICS

**Coral Van**  
**Vessem**  
She/Her

WHAT IS YOUR FAVOURITE  
ALBUM COVER?

Flower Boy - Tyler The Creator



**Jax Bailey**  
They/Them

WHAT IS THE BEST ADVICE  
YOU'VE HEARD AND  
WOULD GIVE TO OTHERS?

Be passionate, even if its  
annoying to others!





# NSSSA VOCAB



## NSSSA

A non-profit organization led by students that produce high energy leadership conferences for high schoolers. It stands for “Nova Scotia Secondary School Students’ Association”

## DELEGATE

A person who attends conferences to gain leadership skills and meet new people.

## SKILLBUILDING SESSIONS

Broken out into skillbuilding groups where you’ll participate in team building and leadership activities. These sessions are led by “Skillbuilders”

## SKILLBUILDERS

The two students who are in charge of running the session and building the skills of delegates while in sessions.

## CC DUO

The two people who lead Conference Committee and who ensure that everything gets done in order to have the best possible conference. They are similar to Co-Premiers.

## EPIC

A secret event that happens at every conference, delegates participate in Epic with their skillbuilding groups.

## TOUCHSTONES

A token received by delegates from their skillbuilders during their last skillbuilding session to remember the conference and group by.

## REGION

Nova Scotia is split into 5 districts based on the school centres for education. These regions are: Metro, Strait, Chignecto (Chig), Cape Breton/Victoria (CBV), and Sou’West/Valley.



# NSSSA VOCAB



## WELCOMING

### CO-CHAIR

The people on cabinet or committee who are in charge of making the delegate manual, planning welcoming activity, plan, edit, film welcoming video, plan karaoke night, and send out welcoming emails.

## PUBLIC

### RELATIONS

The people on cabinet or committee who are in charge of seeking sponsors and donations from the community. They also run the social media accounts.

## SKILLBUILDING

### CO-CHAIRS

The people on cabinet or committee who are responsible for choosing skillbuilders and making the skillbuilding group. They plan sessions and create the skillbuilding manual.

## 3-TION

The people on cabinet or committee who are responsible for creating forms for conference, creating a database to keep track of people in attendance. 3-Tions stand for: accommodation, transportation, and registration .

## WENDY

The people on cabinet or committee whose main job is to keep the spirits up during conference. They plan the talent show, epic, and the dance.

## SECRETARY

An individual on cabinet or committee who is responsible for taking the minutes at each meeting, keeping attendance, and ordering cabinet wear.

## HEAD SCHOOL REPS

The people on cabinet or committee who are responsible for selecting school representatives and update them on information about NSSSA.



# NSSSA VOCAB



## HEAD LOGISTICS

NSSSA alumni that are responsible for keeping track of delegates at conference. They take attendance and create a line of sight.

## PREMIER

Two people who are elected and run each cabinet and ensure everything gets done on time and runs smoothly.

## N-TRIP/

## N-TRIPPER

Slang for NSSSA (n-triple-s-a) and people who attend NSSSA!

## KEYNOTE

## SPEAKER

A motivational speaker who gives a presentation to inspire and motivate the students in attendance.

## PROVS

Short for provincial conference.

## PROVINCIAL

## ADVISOR

An adult, non voting member of provincial cabinet. They provide advice and support to cabinet members regarding the organization, and coordinate with regional advisors.

## ADULT

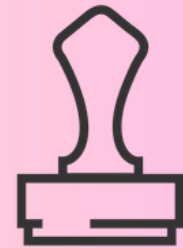
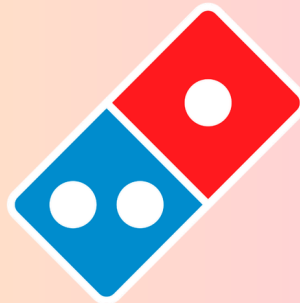
## CHAPERONE

Adults who attend conference to support delegates, usually teachers and parents. Each student is assigned to an adult for the length of conference, and they are responsible for you. Make sure to check in with them at mealtime.

## HEAD FIRST AID

They are responsible for selecting the First Aid Team and making sure everyone is feeling their best.

**We would like to give a huge  
thank you to our sponsors!**



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